

Learning Collaborative Report: July 2025

Report Run Date: July 24, 2025

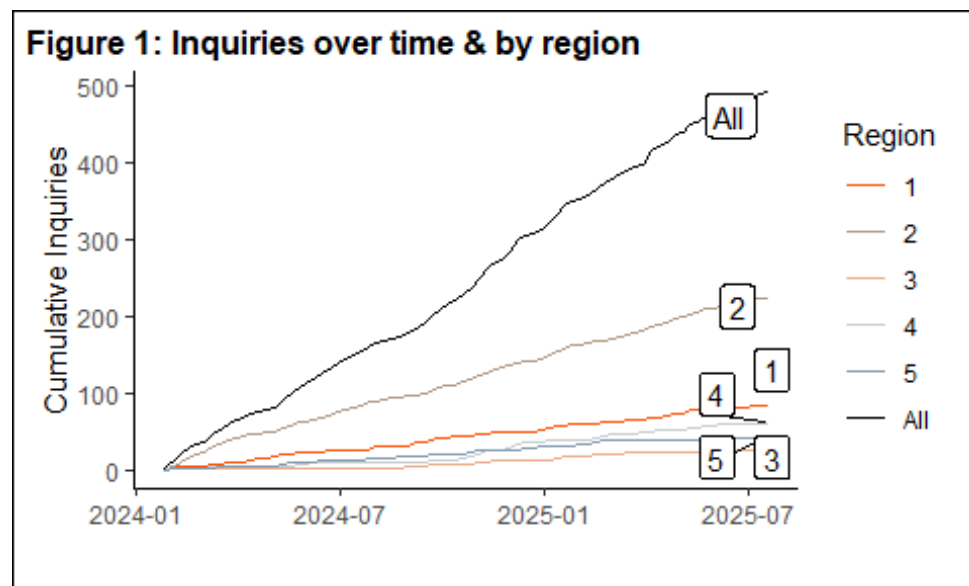
A. INQUIRIES (all requests for help)

A.1 WHERE are the inquiries coming from?

Table 1: Inquiries by DMHAS Region

Location	No. Inquiries
Region 1	85
Region 2	225
Region 3	27
Region 4	62
Region 5	42
Location undetermined	53

The total number of inquiries made since the Learning Collaborative (LC) launch is **494** (see [Table 1](#) and [Figure 1](#)). Of these inquiries, 289 calls were made via the LC direct line, 60 calls were made via Online Inquiry, and 141 via other routes. Between Q₁ (2024-01-31 ~ 2024-05-01) and Q₂ (2024-05-01 ~ 2024-08-01), the percentage change in inquiry numbers is **5%**. Between Q₂ and Q₃ (2024-08-01 ~ 2024-11-01), the percentage change in inquiry numbers is **-4%**. Between Q₃ and Q₄ (2024-11-01 ~ 2025-02-01), the percentage change in inquiry numbers is **46%**. (Q₁: 77, Q₂: 81, Q₃: 78, Q₄: 114). In the second year, the inquiry numbers are: Q₁: 82, Q₂: 62, Q₃: 0, Q₄: 0



A.2 Who inquired? And HOW they did hear about the Learning Collaborative?

Figure 2a: Community nodes

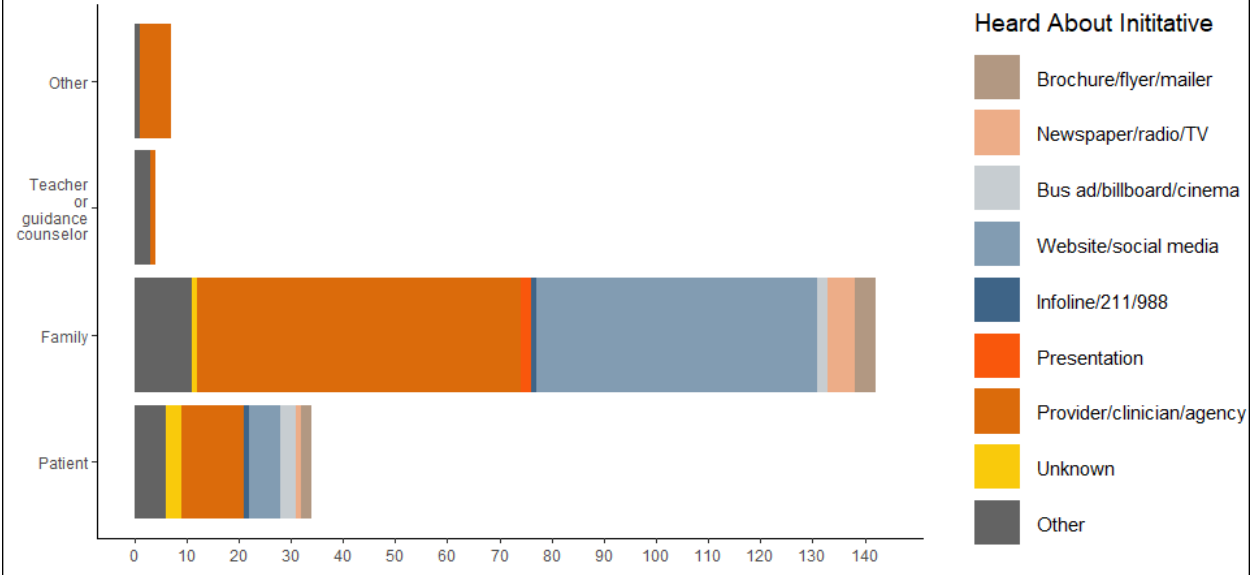
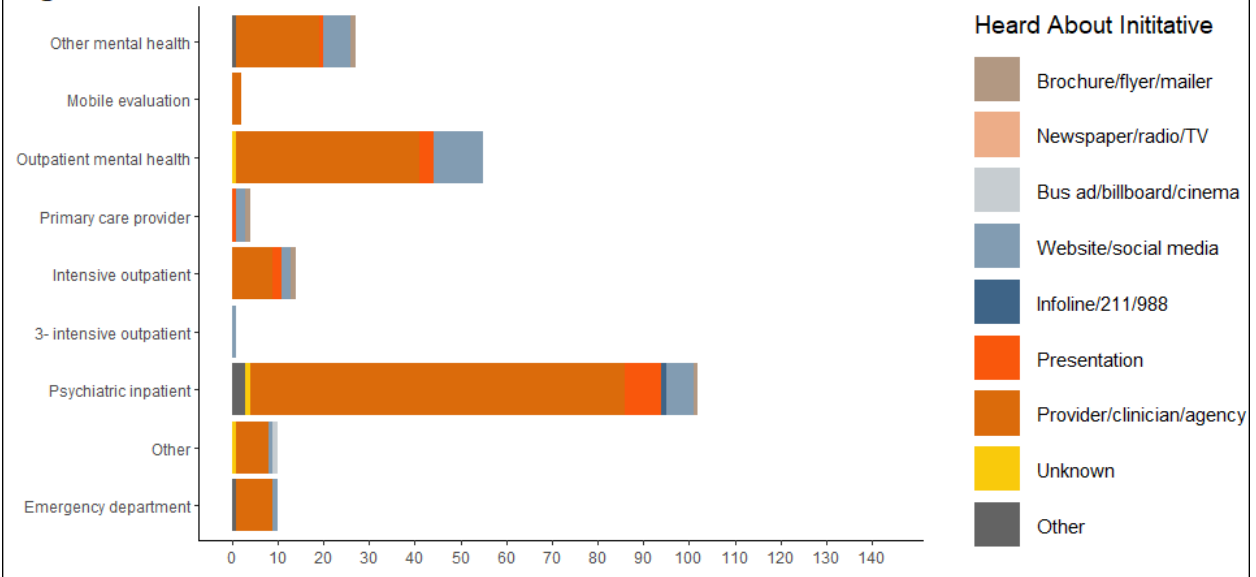
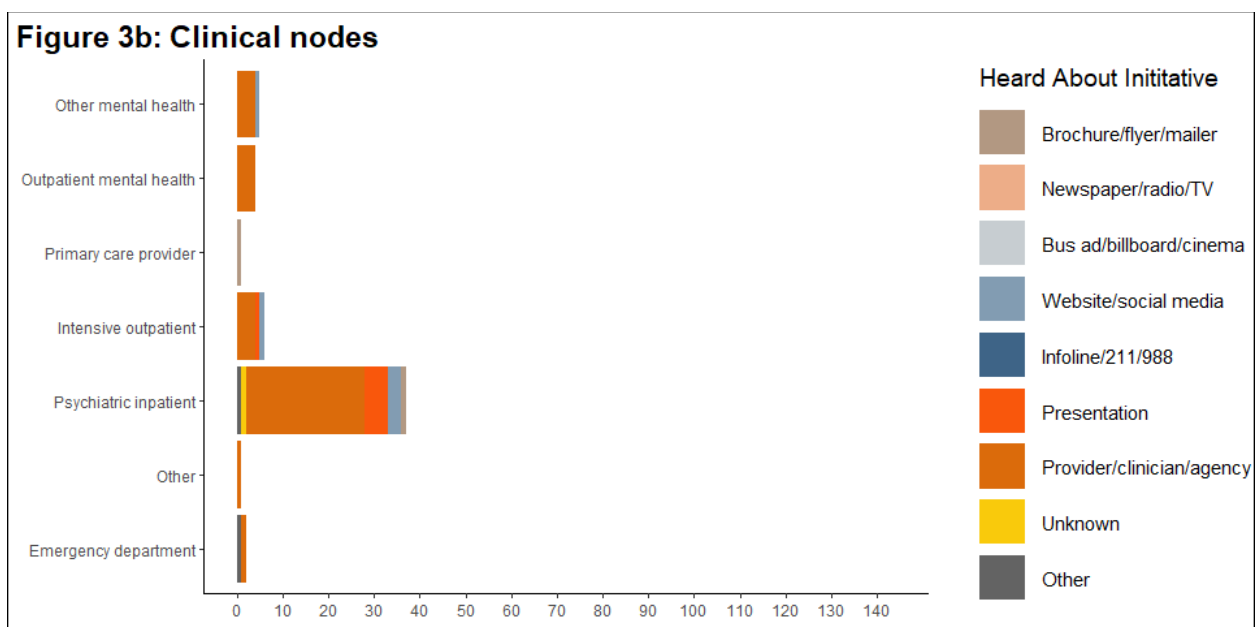
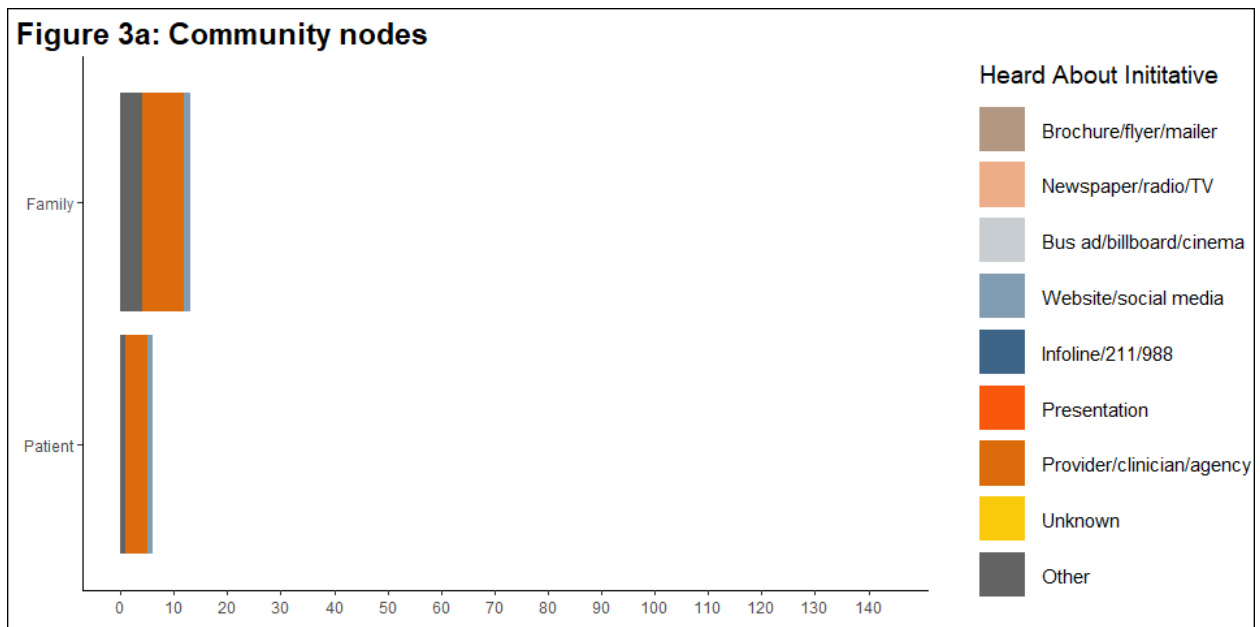


Figure 2b: Clinical nodes



A.3 Who inquired about FEP (i.e. eligible individuals)? And HOW they did hear about the Learning Collaborative?



Those referred to the LC via a clinical route primarily came via **Psychiatric inpatient** (n = 102). Whereas for the community node, the **Family** route has been the most prevalent (n = 142).

B. FEP (eligible for learning collaborative: 16-35yo and within 3yrs of psychosis onset)

So far, 76 people have been eligible for the LC, and 9 were aged under 18yrs (see **Figure 4**).

Individuals did not meet LC eligibility criteria for a range of reasons (n=288; see **Figure 5**) and were provided with appropriate information on referrals and resources.

Remaining cases are either engaged in further assessment (n=12) or inactive (n=118).

Figure 4: FEP by region and age

Figure 4a: Eligibility rates by region

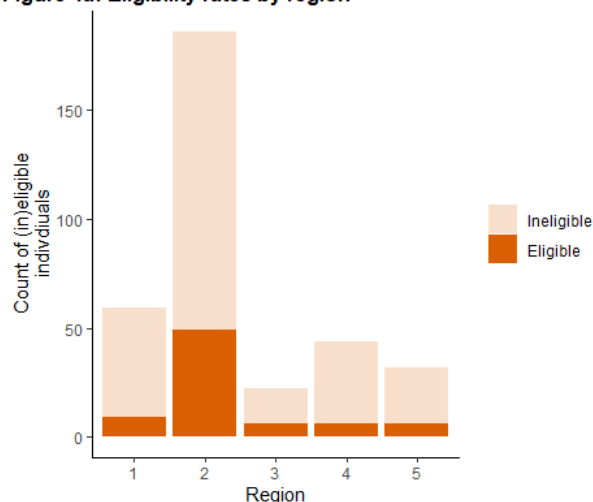


Figure 4b: Age of eligible individuals

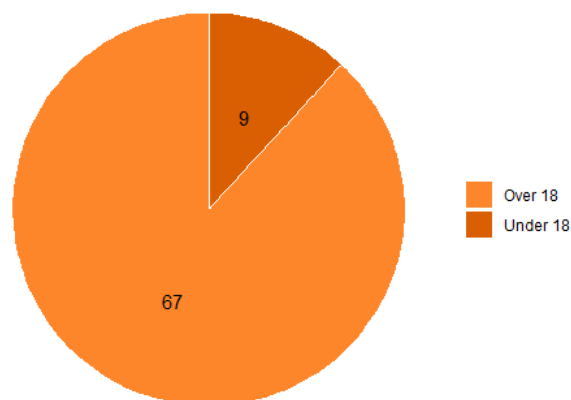
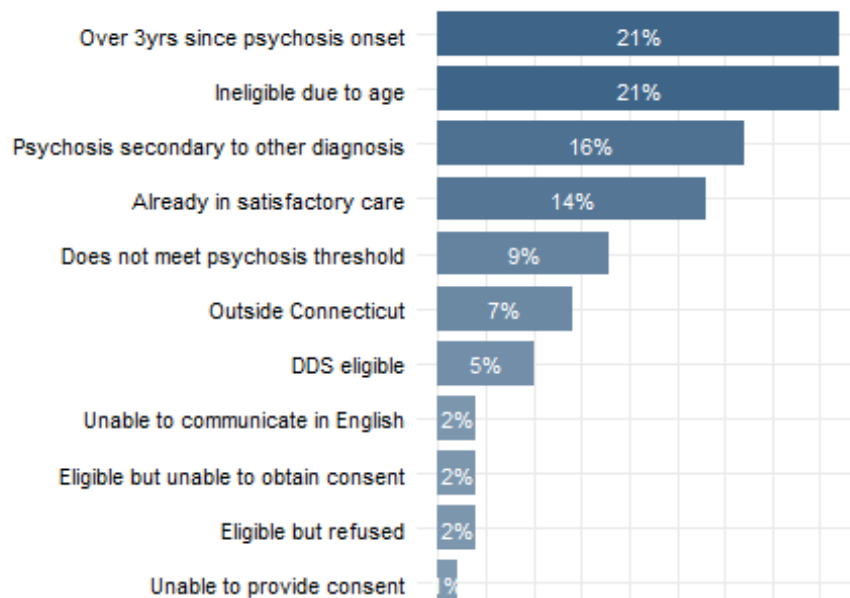


Figure 5: Reason for ineligibility to the LC



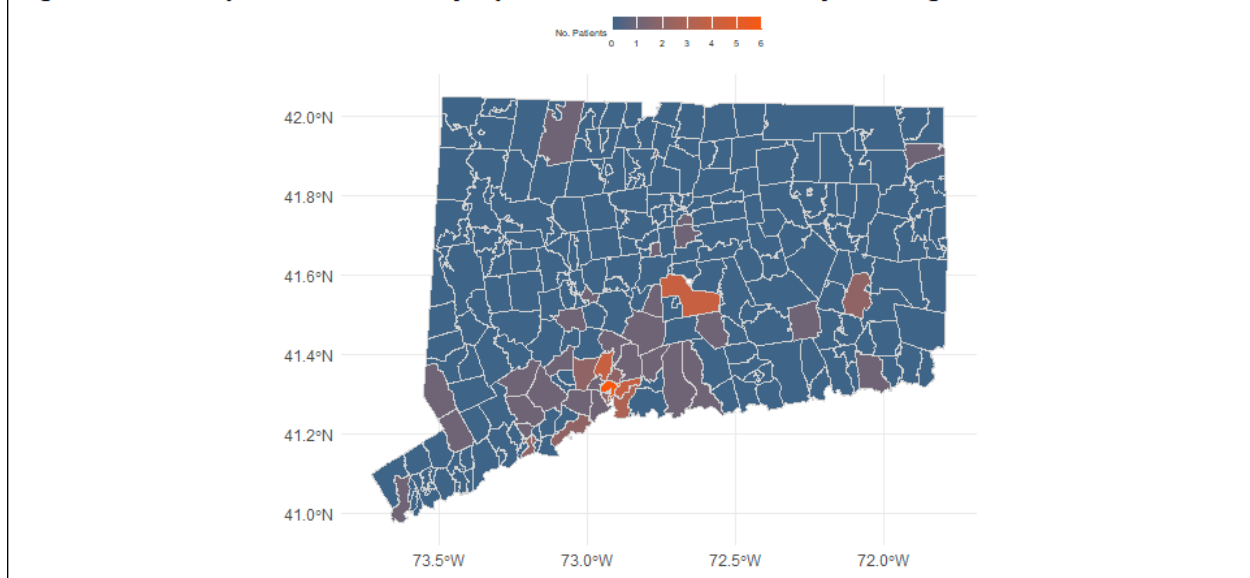
C. Referrals from EDACs to LMHAs across Connecticut

The 76 eligible individuals have been referred to their local mental health facilities. Of those, 58 have been successfully admitted (see Table 2 for wait times by individual care facility). Figure 6 is a map of Connecticut. Here, we can see number of eligible cases by zipcode.

Table 2: Wait times to care (date of consent to the LC to date of admission to care)

Referred to	Admitted to	No. admitted	Median wait time (days)	IQR
LMHA 1	Matches referral	3	9	44 (5-49)
LMHA 2	Matches referral	2	9	2 (8-10)
LMHA 3	Non-LMHA site	1	3	0 (3-3)
LMHA 3	Matches referral	1	17	0 (17-17)
LMHA 4	Matches referral	1	14	0 (14-14)
LMHA 5	Matches referral	3	30	10.5 (22-32)
LMHA 6	Matches referral	2	49	36 (31-67)
DCF Clinic	DCF Clinic	1	6	0 (6-6)
LMHA 7	Matches referral	6	26	29.5 (14-44)
LMHA 8	Matches referral	2	15	3 (14-16)
LMHA - Hub	Matches referral	32	0	0 (0-0)
LMHA 9	Matches referral	1	13	0 (13-13)
LMHA 10	Non-LMHA site	1	21	0 (21-21)
LMHA 10	Matches referral	1	43	0 (43-43)
LMHA 11	Matches referral	1	7	0 (7-7)

Figure 6: Heatmap of Connecticut by zip code of FEP detected by learning collaborative



We had 7 cases where it can be determined that the individual will not end up successfully enrolled at the 3 month mark (see [Table 3](#)). There are also 11 cases where admission with the agency is yet to be confirmed.

Table 3: Lack of engagement with care

LMHA	Region	Patients not admitted	Reason
LMHA 13	1	1	Subject work schedule conflicts with clinic
LMHA 5	1	1	Subject does not have time
LMHA 12	3	3	MIA, not interested, Incarceration
LMHA 10	5	1	Subject doesn't like the LMHA
LMHA 11	5	1	Subject has improved and not interested

D. Characteristics of FEP detected by LC

The following section provides an overview of individuals found to be eligible for the LC (n=76). Here, we provide information regarding the distribution of various baseline datapoints such as age, gender, race, income, and drug use.

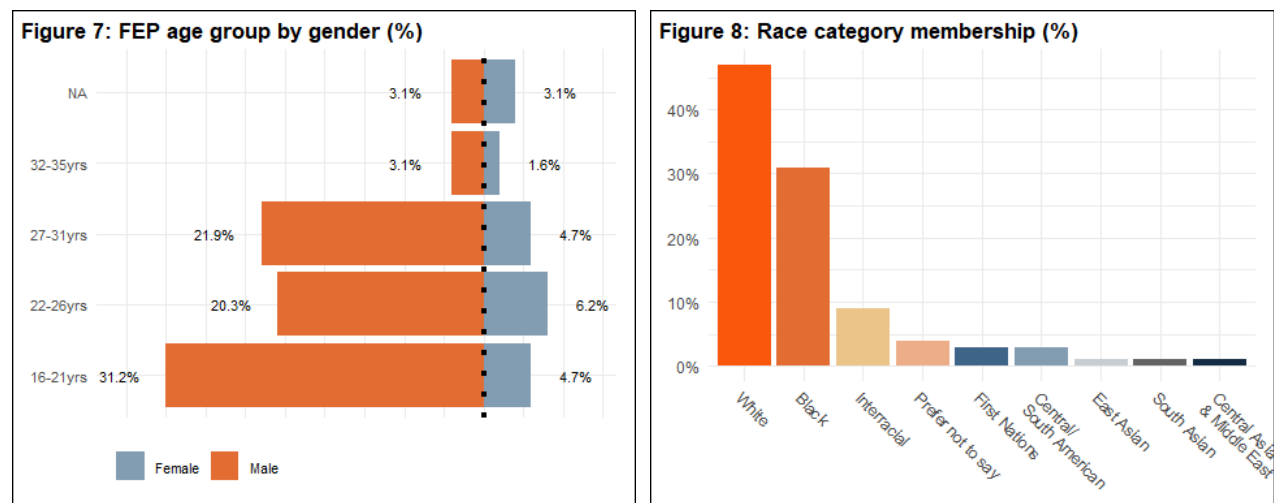


Figure 9: Labor statistic employment category (N)

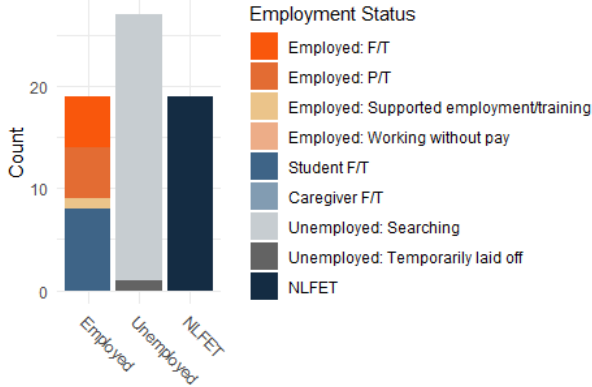


Figure 10: Household and personal income (%)

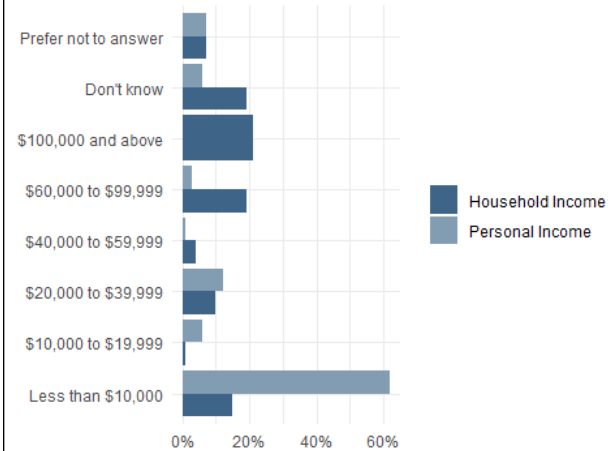


Figure 11: Drug use as measured by the Alcohol Use and Drug Use scale

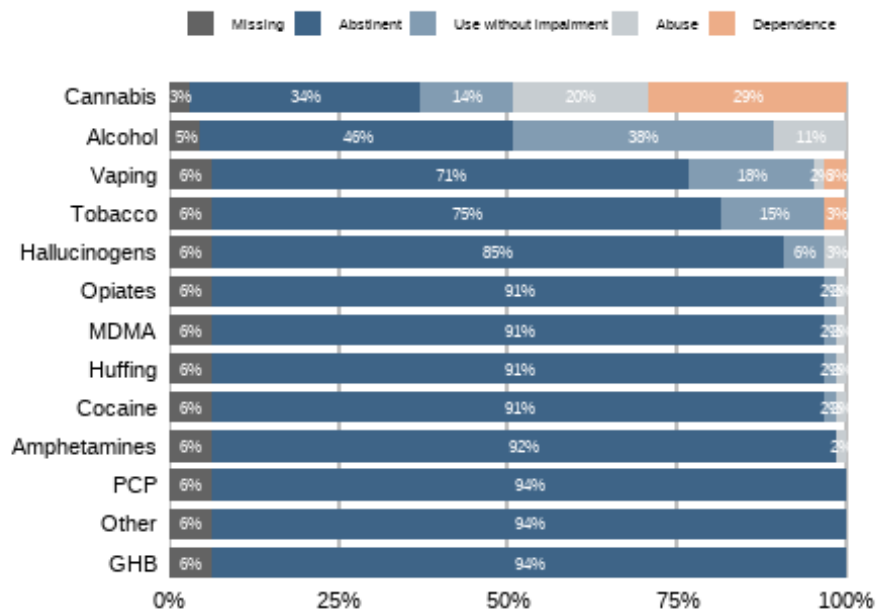
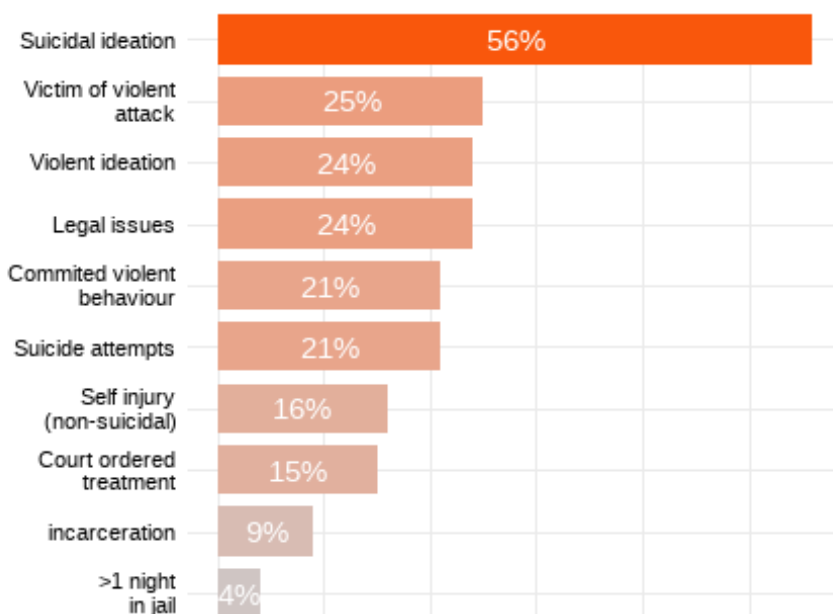


Figure 12: Lifetime suicide and judicial involvement



E. Pathway through care

Patients are assessed every three months to track their progress. Among the **68** eligible patients recorded in REDCap, the number and percentage of patients who completed or missed the survey at each time point are summarized in [Table 4](#). These numbers and percentages do not include participants who ended the study at certain time point, which can be seen in [Table 5](#).

Table 4: Follow-Up Completion Status of Eligible Patients at every 3 Months

Status	month3	month6	month9	month12	month15
Missing	9 (12.16%)	12 (16.44%)	6 (8.57%)	2 (2.99%)	4 (6.06%)
Complete survey	21 (28.38%)	22 (30.14%)	18 (25.71%)	8 (11.94%)	4 (6.06%)
Incomplete survey	26 (35.14%)	12 (16.44%)	6 (8.57%)	8 (11.94%)	1 (1.52%)
Waiting for response	1 (1.35%)	1 (1.37%)	1 (1.43%)	2 (2.98%)	1 (1.52%)
Not yet	17 (22.97%)	26 (35.62%)	39 (55.71%)	47 (70.15%)	56 (84.85%)

Table 5: Study End Reason and Number by Month

Reason for end of study	Month 3	Month 6	Month 9	Month 12	Month 15
End clinical services	0	0	1	0	0
Moved out of CT	2	0	2	0	1
Unable to contact	0	0	1	3	0
Cumulative number	2	2	6	9	10

Table 6 summarizes participant engagement across different LMHAs. For each LMHA, the table displays the proportion and number of participants who were admitted out of those who consented, as well as the percentage and count of participants who continued treatment at 3, 6, 9, and 12 months. The follow-up percentages only include participants who had reached that time point.

Table 6: Engagement and Retention Status at LMHAs for STEP LC Participants (%) (# admitted/# consented)

LMHA	Engagement (%)	Treatment at 3mo	Treatment at 6mo	Treatment at 9mo	Treatment at 12mo
LMHA 1	83.3% (5/6)	50% (3/6)	50% (2/4)	0% (0/2)	0% (0/2)
LMHA 3	50% (1/2)	0% (0/2)	0% (0/1)	0% (0/1)	0% (0/1)
LMHA 4	100% (1/1)	- (0/0)	- (0/0)	- (0/0)	- (0/0)
LMHA 13	0% (0/1)	0% (0/1)	- (0/0)	- (0/0)	- (0/0)
LMHA 5	75% (3/4)	50% (2/4)	66.7% (2/3)	100% (1/1)	50% (1/2)
LMHA 6	50% (1/2)	0% (0/2)	0% (0/1)	0% (0/1)	- (0/0)
Non-LMHA	33.3% (1/3)	0% (0/3)	0% (0/1)	0% (0/1)	100% (1/1)
LMHA 7	100% (6/6)	100% (5/5)	100% (2/2)	0% (0/2)	0% (0/1)
LMHA 8	100% (2/2)	100% (2/2)	100% (2/2)	0% (0/2)	0% (0/1)
LMHA 12	0% (0/3)	0% (0/3)	- (0/0)	- (0/0)	- (0/0)
LMHA Hub	100% (31/31)	96.2% (25/26)	95.8% (23/24)	88.2% (15/17)	91.7% (11/12)
LMHA 9	100% (1/1)	100% (1/1)	100% (1/1)	- (0/0)	- (0/0)
LMHA 10	80% (4/5)	0% (0/4)	0% (0/2)	0% (0/2)	50% (1/2)